

MEERA CHOPRA

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Education

MD Candidate, University of Toronto 2022 – 2026

- Mary Cassidy award for outstanding contribution to student life 2025

Bachelor of Health Sciences, McMaster University 2019 – 2022

- Provost's Honour Roll Medal for academic achievement 2020 – 2022

Advocacy Initiatives

Co-Chair, Interdisciplinary Social Accountability Conference in Healthcare

Oct 2024 – Present

Vice President Events, Interdisciplinary Social Accountability Conference

Nov 2023 – Oct 2024

- Led a multidisciplinary team of healthcare students from across Ontario to organize a conference focused on equity, inclusivity, and social accountability in healthcare
- Designed a learning plan for interactive workshops, earning Program for Interprofessional Practice, Education and Research (PIPER) accreditation from McMaster University
- Coordinated a showcase of over 60 oral and poster presentations to highlight trainee-led research on equity and accountability in healthcare

Director of Student Affairs, Canadian Federation of Medical Students

Jul 2024 – Present

- Represented over 6,000 medical students nationwide to advocate for wellness, equity, and student support with Student Affairs faculty
- Led a team of over 30 students to implement advocacy initiatives, including the National Wellness Challenge, engaging more than 200 participants to promote the integration of daily wellness habits
- Liaised with medical society representatives, faculty, and identity-based advocacy groups to update the CFMS Recommendations for Student Health and Wellbeing, a national, research-based advocacy document for student wellness

Senior Executive Co-Lead, Out in Medicine

Nov 2022 – May 2024

- Designed and executed events for 2SLGBTQIA+ medical students to foster community and build connections between students, residents, and faculty members
- Collaborated with community partners, such as the HIV Speaker Series, integrated club members with the broader community, and promoted awareness of health equity issues
- Engaged with students from all years in the Faculty of Medicine and fostered cross-cohort connections

Co-Chief STEMpowerment Officer, STEM Fellowship

Feb 2022 – Aug 2022

Associate STEMpowerment Officer, STEM Fellowship

Nov 2021 – Feb 2022

- Directed a team of 35 volunteers in a science education charity to create initiatives for high school and university students identifying as part of underrepresented communities in STEM
- Supervised the development of virtual and in-person research opportunities, longitudinal mentorship programs, and science courses in collaboration with external organizations
- Integrated a feedback-driven approach to enhance accessibility and relevance to student needs
- Awarded the *STEM Fellowship Volunteer Award* for creating an online campus tour series during the COVID-19 pandemic, attended by over 2,000 high school students nationwide

Training & Development Coordinator, McMaster Pride Community Centre

May 2021 – Apr 2022

- Supervised and coordinated 15 volunteers to host a virtual safe space for 2SLGBTQ+ students at McMaster University to foster an inclusive campus community
- Delivered training to volunteers and Orientation Week representatives in anti-oppressive practices and peer support principles, with the goal of promoting equity and belonging during campus events

Medical Education

Assistant in Curricular Revision, University of Toronto

May 2024 – Aug 2024

- Collaborated with faculty to revise and create new practice quiz questions for sections of the medical curriculum, in alignment with the university's best practices for test question design
- Analyzed past student performance data to ensure questions address learning objectives
- Co-developed six open-access modules on gender-affirming care and integrated interactive elements (such as multiple-choice questions and matching activities) to enhance learner engagement

Associate Editor, Toronto Notes

May 2024 – Jan 2025

- Supervised the revision and development of the Surgery chapters of an internationally used comprehensive medical textbook for students and residents, Toronto Notes
- Liaised with faculty editors, chapter editors, and typesetters to ensure clarity and alignment of material with current clinical practice

Guest Speaker & Workshop Facilitator, Interprofessional Education

Nov 2023 – March 2024

- Facilitated a small group learning session for the *Healthcare for the 2SLGBTQ+ Community* Interprofessional Education seminar, engaging students from different healthcare professions
- Guided students through patient cases to discuss systems of oppression, resources, and opportunities for patients and providers to advocate for equitable care